

IMPACT OF WOMEN EMPOWERMENT IN ACHIEVING SUSTAINABLE DEVELOPMENT GROWTH IN INDIA

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Abstract:

As the world is trying to achieve the Sustainable Development Goals (SDGs) set by the United Nations, the empowering of women is becoming a vital component in creating an unbiased and a strong society. Sustainable development goals feature mainly the gender equality as a universal aim to achieve social progress. In India, both urbanization and social disparities are existing up to a huge extent, women empowerment for the country's sustainable development is much more essential. This approach will be an added advantage to women and also to strengthen all the communities, and also has a great impact in development across the country's medical, education and also in the economic stability.

Key words: Vital, Unbiased, Gender equality, Women empowerment

1. Introduction

There is a huge impact of Women's empowerment in achieving sustainable development in India. By providing women's education, health, and economic opportunities, India will definitely unlock significant economic growth, improve social well-being, and more sustainable and equitable society. Empowered women contribute to economic growth, social stability, and environmental sustainability, setting the foundation for long-term, inclusive development.

2. Empowering women leads to increased productivity, innovation, and a more inclusive society. It also impacts other major areas, i.e, reducing poverty, improving the education quality etc.. When women are educated they will be economically active, and socially empowered, they will become key role for the positive change who can change their families, communities, and societies. India, achieving gender equality and it is very much essential for addressing the country's multifaceted challenges.

Even now in India, many girls are being denied to get quality education, empowering women through educational opportunities is very important for the sustainable development. Empowered women will give more importance to education and healthcare for their families, that will create a great impact for the upcoming generations. Educated women are more likely to educate their children and They will also adopt for better healthcare i.e, improving outcomes in child nutrition, maternal health, and disease prevention. Studies are showing that the maternal education will reduce child mortality rate and will definitely promotes healthier lives for future generations.

Empowering women will be directly contributing the economic growth by entering them to the workforce, engaging in the entrepreneurship, and supporting household income. Research proves that when women have independent economy, it leads reduce the poverty and also a huge reduction in income inequality. Empowering women to participate more completely in the workforce will rapidly boost the India's GDP. Studies are suggesting that closing the gender gap in labor force participation could add more to the global economy according to the WTO(World Trade Organisation).

In today's digital era, the technology is the most powerful tool in empowering women. Access to digital platforms, online education, and mobile banking services will give women more financial independence, learning new skills, and connecting with broad networks. Programs that are promoting the digital literacy to empower women to have a good participation in the economy, and making them active contributors to India's growth. The use of technology will also enhances women's access to critical information about health, education, and financial services, contributing to their overall well-being and empowerment. Not only the progress in achieving the women empowerment there are some significant barriers to achieve the true empowerment for women in India. Cultural and social barriers, such as traditional gender roles, limiting the potential of women potential in many regions. Restricted mobility, societal expectations, and lack of family support prevent many women from pursuing education, work, and leadership roles. Additionally, the economic and institutional constraints will also limit the access for women to reach the resources.

To increase the impact of women empowerment on sustainable development in India, there are some policy measures to be implemented. Some of the important recommendations include: Investment in Education and Vocational Training: Prioritizing the women's education and the skills development will prepare them for the diverse economic opportunities and also in the leadership roles.

3.Financial Inclusion and Support for Female Entrepreneurs: Providing the access to financial services and also resources for women encourages entrepreneurship and the economic independence.

Improved Infrastructure and Legal Protections: Safer public spaces for women, affordable housing, and stronger legal protections create environments where women can develop their skills and will have a safe environment which is free from discrimination and violence

4.CONCLUSION

The Empowerment of women is will not be the only matter of equity but also an approach in achieving the sustainable development. By concentrating more on women empowerment and sustainable development goals, India will definitely have the potential of half its population, creating a great and inclusive society. As communities are being benefitted from women's leadership, economic contributions they have to create a way for a sustainable future. Supporting the women's empowerment initiatives and creating an environment of equal opportunity will enable India to reach its sustainable development objectives, creating a better world for the upcoming future generations.

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